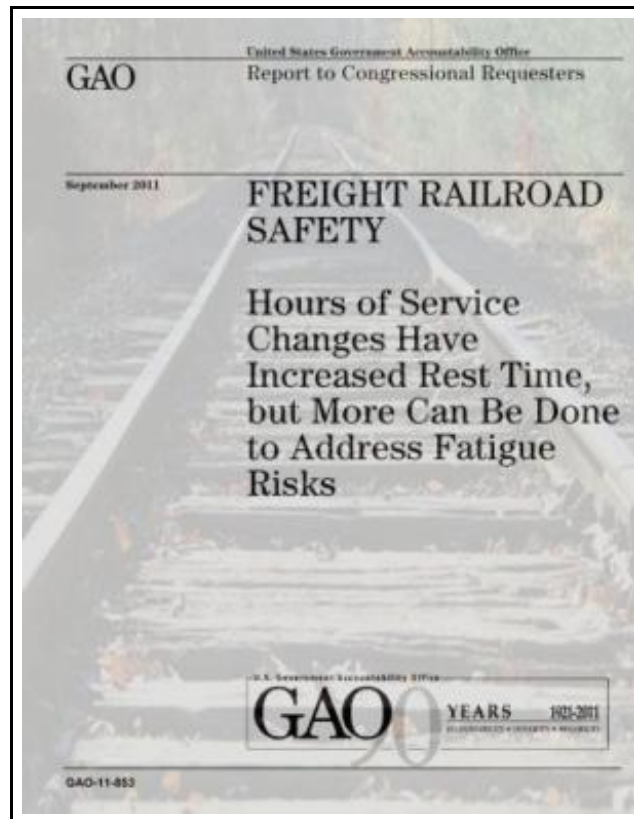


## Freight Railroad Safety: Hours of Service Changes Have Increased Rest Time, But More Can Be Done to Address Fatigue Risks



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Createspace, United States, 2012. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.GAO-11-853. The Rail Safety Improvement Act of 2008 (RSIA) overhauled requirements for how much time certain freight railroad workers can spend on the job (called hours of service ). Changes included limiting the number of consecutive days on duty before rest is required, increasing minimum rest time from 8 to 10 hours, and requiring rest time to be undisturbed. RSIA also provided for pilot projects and waivers. RSIA s changes became effective for freight railroads in July 2009. GAO was asked to assess (1) the impact of these changes on covered train and engine (TE) employees, including implications for fatigue, (2) the impact of the changes on the rail industry, and (3) actions the Federal Railroad Administration (FRA) has taken to oversee compliance with hours of service requirements and implement RSIA provisions for pilot projects and waivers. To perform this work, GAO analyzed covered employee work schedules and used models to assess fatigue, surveyed the railroad industry, analyzed FRA inspection and enforcement data, and interviewed federal and railroad officials as well as fatigue and sleep experts. According to GAO s analysis of covered employee work schedules, RSIA s requirements led to changed work schedules, increased rest time, and reduced risk of fatigue for covered TE employees. RSIA s consecutive work day limits and rest requirements contributed to work schedule changes and increases in rest time. Increased rest time also led to equivalent decreases in the hours that covered employees worked. Overall, GAO found, using an FRA-validated fatigue model, that the time covered employees spent working at a high risk of fatigue-- a level associated with reduced alertness and an increased risk of errors and accidents--decreased by about 29...



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