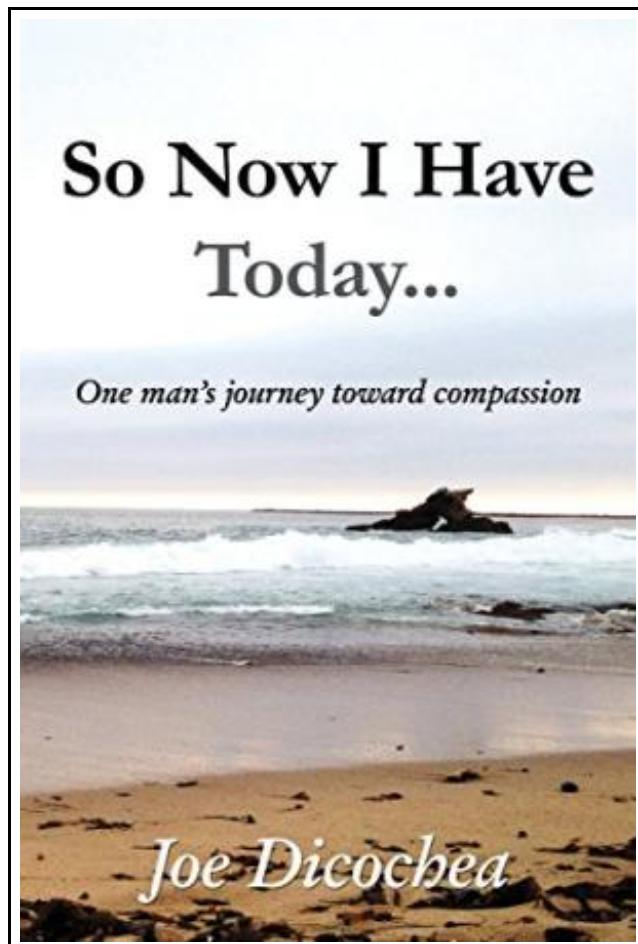


## So Now I Have Today. One Man s Journey Toward Compassion



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Peaceful Daily, Inc., United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What is the point of all this? was the question Joe repeatedly asked himself during a lengthy hospitalization in 2013 (including 5 days in the ICU) following a sequence of falls resulting in a traumatic brain bleed that almost took his life. He suffered multiple seizures, physical, neurologic, and mental complications, and a significant dismantling of even the most basic cognitive skills. He was rendered disabled, not only functionally, but also professionally as an attorney. Disabled was not a term Joe welcomed, but it was one that required his acceptance in order to move forward with a challenging recovery. He soon realized that what seemed to be one of the worst parts of his life turned out to be one of the best! He subsequently achieved and re-discovered amazing things in a life that was almost lost. Upon his discharge, Joe had no idea what lay ahead nor if he was capable of overcoming the unfavorable prognosis by his physicians. However, he committed to a daily routine determined to rise above every challenge that his condition presented. With faith that had everything he needed to succeed, Joe set out to repair the damage that had been done. Initially, therapy was intense and productive. However, his greatest hurdle was to regain basic cognitive skills and thereafter, the more complex ones that stubbornly eluded him for what seemed like an eternity. Joe started writing simple thoughts to his family during quiet moments when he re-evaluated the life he had lived, and the one that was still ahead of him. This became therapeutic for a number of reasons. First, he realized that the opportunity to share so much...

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